



B.V. Patel Institute of Commerce



Session on “Health is in your Hands”

Details About Event:

Event	Health is in your Hands
Date of Event	28 July 2021
Time of Event	02:15 am to 03:30 am
Place of event	Room 05, A-Wing, New Applied science building.
Participants	23
Resource Person's:	Dr. Arti Gupta , HOD of Department of Pharmacognosy, Maliba Pharmacy College, UTU.
Organised by:	Dr. Arpana Patel, I/C Director ,BV Patel Institute of Commerce.
Report Prepared by:	Mr. Vijay Dayama, Assistant Professor.

Event Objective:

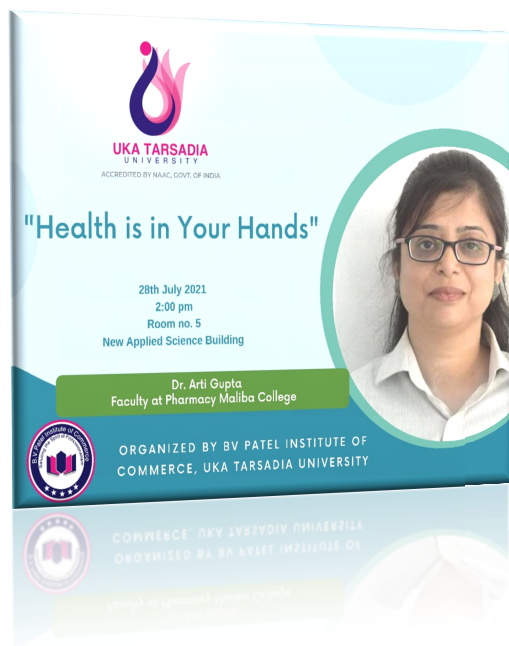
1. To ignite awareness about health issues.
2. To provide the valuable guidance for health tips.

Event Description: -

- The event was organized by the Dr. Arpana Patel I/C Director of B.V. Patel Institute of Commerce .
- The faculties of B.V. Patel Institute of Commerce & Management, Department of Physics, Department of Mathematics and Chemistry participated in the event.
- The session started with great motivation quote & the welcome of the session speaker **Dr. Arti Gupta** by **Mr. Vijay Dayama**.
- Session speaker started session with basis diseases which are commonly found in every Indian family like, diabetes, cancer, etc
- She focused mainly on various ways through which we can cure our body and maintain our health.

- In continuation of Session, various doubts of faculty members were also ratified by her.
- The resource person focused on how to release the stress and different methodologies were discussed to curve hypertension issues which were faced by many in this COVID-19 pandemic.
- At last but not the least, **Mr Vijay Dayama**, Assistant professor of BV Patel Institute of Commerce deliver vote of thanks to all the I/C Director's, faculty member and students for attending the session. Faculties were feeling great after attending such a valuable session.
- A token of love to Dr. Arti Gupta was also felicitated by students of B.Com

Glimpses of Event:



Session on “Health is in your Hands”

28 July 2021, 2:15 PM to 03:30 PM

LIST OF FACULTY PARTICIPANTS

Name of Faculty	Department/Institute
Dr. Arpana Patel	BVPIC
Dr. Vijay Gondaliya	BVPIM
Dr. Bhavika Tailor	Department of Mathematics
Mr. Abhitosh Kedia	Department of Physics
Dr. Nilay Panchal	BVPIC
Dr. Yagna Vyas	BVPIC
Mr. Gaurang Pandya	BVPIC
Mr. Vijay Dayama	BVPIC
Ms. Siddhi Shah	BVPIC
Dr. Anuradha Pathak	BVPIM
Mr. Dharmraj Solanki	BVPIM
Dr. Rashvin Tailor	SRIMCA, Management
Dr. Rasik Shah	Department of Mathematics
Dr. Jamini Ray	Department of Physics
Dr. Mihir Panchal	Department of Mathematics
Mr. Nikhil Choksi	Department of Mathematics
Dr. Hardik Patel	Department of Mathematics
Mr. Ankit Patel	Department of Mathematics
Mr. Vishva Jain	Department of Physics
Ms. Narmata Mishra	Department of Mathematics
Mr. Hitesh V Rajput	Department of Physics
Mr. Vikas Patel	Department of Physics
Shyama Ranipa	SYB.Com Students
Sency Bhuva	SYB.Com Students